# **NEWSLETTER**

Newsletter nr.17 – 30/8/ 2019

"Intensifying and manifesting your personal relationship with the Light"



"The way to new consciousness is also called the way of awakening; which is seeing through the night.

Whoever wakes up from the night is in the Light. In him is the Light".

The voice of the rose heart.

## Workshop

"Intensifying and manifesting your personal relationship with the Light"

#### Wednesday morning 27-10-2019 from 9.30 till 12.00

During the workshop various possibilities are offered to intensify our connection with "the Light". During the winter period of the year, we can use our efforts to deepen the connection with ourselves and the World around us. During the workshop we will reinforce and empower our intentions in a spiritual way. Various possibilities are offered, which you can use to get started.

The different perspectives will be:

- Alignment with the Angels of Light.
- How you can create a special Light place in your living environment?
- Awareness and transformation.
- Working with the candle, such as receiving messages via the element Fire.
- Making an Angel light circle.

Guiding meditation / visualization will be used. This creates balance and a better future, which is not only serving yourself but also others.

Request by mail: <a href="mailto:aedskevansteenbergen@hotmail.com">aedskevansteenbergen@hotmail.com</a>

#### Consultations

- Private consultations to support you with your questions and spiritual development. If desired, there is the possibility for a more intensive supervision.
- Healing, working on blockages.

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### Courses

- Intuitive painting on Wednesday 1x a month.
- Training Angel Healing
  Deepening your contact and working with Angels is the focus.

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# Workshop

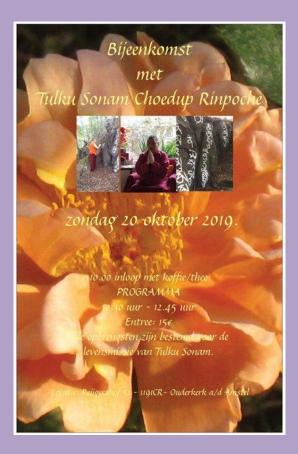
"Intensifying and manifesting your personal relationship with the Light"

Wednesday 10- 27-2019 from 9.30 till 12.00 The costs are € 20 (a workbook, coffee/tea are included).

Request by mail: <a href="mailto:aedskevansteenbergen@hotmail.com">aedskevansteenbergen@hotmail.com</a>

• Highly recommended

#### TULKU SONAM CHOEDUP RINPOCHE



A meeting with Tulku Sonam Choedup Rinpoche, October 20, 2019

We are glad to welcome again Tulku Sonam Choedup Rinpoche in October 2019 in the Netherlands.

It is a very nice opportunity to make contact with the oldest Tibetan tradition. Especially now in our contemporary society this philosophy contains a source of valuable information and give deeper insights and answers to many important questions in our life.

A meeting with Tulku Sonam Choedup Rinpoche on October 20, 2019.

From 10.30 – 12.45 o'clock.

The theme of the lecture is:

"How to stay positive in life during a period full of disappointments?" and

" How do you give meaning to your life during this period of your life?"

From the western background, we have built up a great deal of expertise in this, such as in various forms of therapy. In the meanwhile the Eastern way of thinking has now also become more and more integrated into the Western way of thinking and can no longer even be excluded, such as meditation, mindfulness, yoga etc.

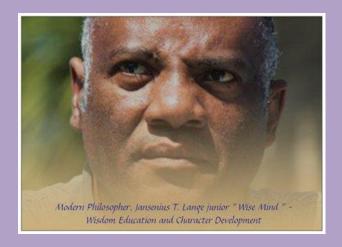
Traditionally, the many different mantras have played an important role in Tibetan Buddhism. How does the mantra work, particularly during difficult circumstances; and how is it applied during the transition to a new form of existence?

In addition, there is also an opportunity to ask questions.

The proceeds of the meeting are all for the benefit of his life mission.

For more information: SHAGRASCHOOL





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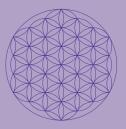
"Our purpose is to encourage all persons, through universal self-development wisdom courses that we create, to build within themselves the character integrities of human beings entrusted with the treasure of limitless spiritual potential".

WWW.WISEMINDDEVOLEPMENT: Jansenius T. Lange Jr.

### For more information: **Spiritual Therapy**: <u>www.aedskevansteenbergen.nl</u>



As accredited Alternative Therapist associated with CAT Collective Alternative Therapists



Aelis Ma - Rei

Love and Light, Ædske